



NEW JERSEY ATHLETIC CONFERENCE

WOMEN'S CROSS COUNTRY RUNNERS OF THE WEEK

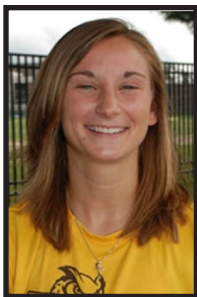
WEEK ENDING 9/5/10



RUNNER OF THE WEEK

JENN RAWLS • Rowan University
Sophomore • Runnemede, NJ/Highland Regional

Rawls earns the first NJAC Women's Cross Country Runner of the Week selection after traveling to Salisbury, MD to compete at the Salisbury University Sea Gull Invitational. She placed second overall in a field of 118 total competitors on the 5,920 meter course with a runner-up time of 21:44. The performance by Rawls helped propel the Profs to a second place team finish in the 10-team meet.



ROOKIE OF THE WEEK

GABBY PRENDERGAST • Rowan University
Freshman • Blackwood, NJ/Highland Regional

Prendergast earns the first NJAC Women's Cross Country Rookie of the Week selection after traveling to Salisbury, MD to compete at the Salisbury University Sea Gull Invitational. In the first collegiate meet of her career, she placed ninth in a field of 118 total competitors on the 5,920 meter course with a time of 23:11. The performance by Prendergast helped the Profs claim second place in the 10-team meet.